



**Looking
out for our
neighbours**



Let's look out for one another.



**Join the movement:
OurNeighbours.org.uk**

#OurNeighbours





Looking out for our neighbours is a community campaign running across West Yorkshire and Harrogate to help people feel better in the place they live and have the peace of mind good neighbours bring.

Many of us are already doing a great job of looking out for others, but there is still more we could all do to make our communities healthier and happier.



Let's be there for one another...



Whether it's popping to the shops, offering a lift or just saying hello - however big or small the task, everyone can look out for a neighbour nearby.

By doing your bit to support people in your neighbourhood, you'll help to rekindle neighbourly spirit, end social isolation and reduce the risks associated with illnesses such as dementia, heart disease and depression.

