

Neighbourly New Year Calendar

January 2020

Looking out for our neighbours

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Small gestures make a huge difference.		1 Kick the January blues and start your new year by waving to someone on your street today.	2 Made any New Year's resolutions? Why not ask your neighbour about theirs?	3 Help your neighbour take their Christmas decorations down.	4 Invite your neighbour to a local community event you're going to.	5 Sunday morning cuppa? How about inviting your neighbour to have one too?
6 Share your leftover seasonal treats with your neighbour.	7 Cooking for one can be tricky, why not make extra for someone who's often by themselves?	8 Have your neighbour's curtains been shut for a while? Why not check in on them.	9 Popping to the shops? Does your neighbour need anything?	10 Is next door's postbox looking full? Knock on their door and check if they're okay.	11 Doing some weekend baking? Share a slice of cake or a bun with your neighbour.	12 If you're taking your dog for a Sunday walk, ask if your neighbour wants to join.
13 If it's bin day, why not check if someone on your street needs help putting theirs out.	14 Swap a skill with your neighbour. From crafting to baking there's lots you can share!	15 De-icing your car? Could you do your neighbour's too?	16 Have you cooked too much food? Share it with someone on your street who you think might enjoy it.	17 Cold day? Pop next door to help check your neighbour's heating after doing your own.	18 If you're having a quiet night in, why not invite a neighbour round to watch a film with you.	19 Enjoy a Sunday roast with your neighbour.
20 It's Blue Monday. A reminder to be extra kind to those around you.	21 Offer to collect a parcel for someone on your street if they're not home.	22 Is it slippy outside? Are you gritting your path? Help grit your neighbour's too.	23 It's National Pie Day! If you're baking, why not make extra for someone on your street?	24 Got a spare puzzle book around the house? Share it with your neighbours.	25 It's Chinese New Year! If you know someone who celebrates it why not wish them a Happy New Year.	26 Feeling tech savvy? Teach an older person how to use the internet.
27 Weekly food shop time? Pick up an extra loaf of bread or a pint of milk for someone who might need it.	28 Bleeding your radiators? Offer to do your neighbour's too.	29 Enjoyed a good book recently? Spread the story and share it with someone on your street.	30 Making homemade soup? Share a bowl with your neighbour.	31 Has someone new recently moved to your street? Make them feel welcome by introducing yourself.	<p>Share your stories of how you've helped your neighbours.</p> <p>  #OurNeighbours</p>	

