

Neighbourly Actions

 **Looking out for our neighbours**



Small gestures make a huge difference

However big or small, there are lots of things you can do to look out for your neighbours – and you don't need to go out of your way to do them!

What can you do to look out for others?

Here are some simple actions that could fit well around your daily routine.

Putting your bin out?



Why not... check if someone on your street needs help putting theirs out.

Off to do your weekly food shop?



Why not... offer to pick up an extra loaf of bread or a pint of milk for someone who might need it.

Has someone recently moved to your street?



Why not... make them feel welcome by introducing yourself.

Enjoyed a good book or film lately?



Why not... lend (or recommend) it to someone on your street.

Done some weekend baking?



Why not... pop round with a slice of cake for your neighbour?

Get more inspiration about how you can look out for your neighbours at:

ourneighbours.org.uk

Share your story



#OurNeighbours

Campaign to End Loneliness
CONNECTIONS IN OLDER AGE

 **THE JO COX FOUNDATION**

West Yorkshire and Harrogate
Health and Care Partnership

